



DRUG ADDICTION: A GREAT CHALLENGE TO THE SOCIETY



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ABSTRACT

The research article 'drug addiction a great challenge to the society is a descriptive and qualitative paper .it has used secondary data found in different research paper and books .the main aim of this article are to find out drug its effects and types . It is found that different drug has been used by specially adolescences as they want to have relax and free life .at last some of the treatment and management of drug addiction is also forwarded.

Key words: drug addiction, abuser, relaxes, management of addiction

METHODOLOGY:

It is a descriptive and qualitative research where only secondary data are used. Research papers, different website and books of different authors are the sources of study

OBJECTIVES OF THE STUDY:

The main objectives of this study are to find out the causes of addiction, its type, and effects ant management

1. INTRODUCTION

Drug addiction is a common social disorder found specially in the age of adolescence and defined as a part of developmental deviation .it is anti social,anti cultural ,illegal and abnormality found in human lives. it has been defined by different scholars in different ways .according to Mahenty 'consciously and knowingly if the person misuses the drug is drug

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abuse and the person is abuser. 'It is a state of arising from repeated administration of drug on a periodic or continuous basis.

WHO states 'the term drug as any substance that is taken in to living organism may modify one or more its functioning 'Drug has been consumed enormously and unnaturally in the modern world and which has created serious problem in human lives .today ,specially, doctors ,social scientists ,sociologists ,psychologists ,teachers and publics are seriously anxious and worried about the excessive consumption of and dependence on drug ,as well as its divers effects on human lives .it is true that the extent to which the drug have been produced , in the same time these have been missed and abused in the world . in fact , the abuse refers to the psychological and physiological dependence .physiological dependence/addiction is characterized by habituation and withdrawal symptoms and psychological dependence refers to a need for a given drug at a given time .

Drug addiction is the state of acute intoxication, detrimental to the individual and to society, produced by the prolonged and excessive use of a drug or systematic and characterized by [a]consequences ,[b] tendency to increase the dosages with time,[c] physiological and psychological dependence on the effect of the drug and ,[d] manifestation of particular withdrawal symptoms on abrupt discontinuation of drug

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3. Causes of drug addiction:

3.1 Physiological causes:

Physiological causes related to our body .sometimes we are restless ,tired ,disturbed with many factors ,can't sleep and worried with our problems , we need small amount of drug , latter it may be habitual as a result we fall in to addiction

2.2. Psychological causes:

Psychological causes related to our feeling, belief, way of functioning ,attitude, attraction and happiness. Psychologically we are forced in addiction .the following sub points clear this:

- For relaxing
- De culturisation
- Imitation
- Peer group
- Modern culture
- To show as a big man
- To increase self confidence



- Freedom
- Free from tension
- Frustration

2.3. Social causes

- Stick discipline
- Careless parenting
- Loneliness
- Open boarder
- Lack of knowledge
- Generation gap
- Cultural practice
- Status of family

2.4. Personal causes

- Personal ego
- Unsuccessful in life
- Break up in family
- More earning
- Unemployment
- Party
- Picnic
- Family pressure

3. Effect of drug addiction

Drug addiction itself is a social crime. It is illegal and anti social and anti cultural activities .when a person is addicted on it he becomes the victim of it and a bad habit is formed in his daily routine .in fact they know the bad effect of addiction, but they can't come out of it . The abusers not only damages himself but also disturbs the social system ,troubles all the family members and ultimately draws other innocent in to this complexity. There is not a single point of benefit of addiction .it brings a numbers of problems in the family and in the society .the ends of addiction is tragic .its effect are given bellow.

3.1 Individual effects

The addiction of drug primarily have the individual effect .the abusers have to face many difficulties .these effects are related to psychological ,physical ,mental and economical .mainly they are categorized un to physical and psychological effects .lets see:

3.1.1. Psychological effects:

- Wild mood swings,
- Depression
- Anxiety
- Paranoia
- Decrease in pleasure
- Confussion
- Hallucinations
- Risky behavior
- Feel to need it

3.1.2. Physical effect:

- Illness
- Contraction of HIV
- Vomiting
- Constipation
- Abdominal pain
- Brain damage
- Accident
- Liver and kidney effect
- Restless

3.2 Family effects

A single abuser is the broaden of a family.whe whole members are affected .peace ,prestige, mutual understanding ,trust ,relation and earning all are in vain .loss of money ,stealing ,loss of property ,fighting among members are seen.

3.3 Social effects:

Drug abuse brings some social problems because the abuser is also a part of a society .till he is there he does some anti social and anti cultural activities that directly affect our society

.breaking social norms ,values ,customs ,tradition ,damage of common property ,fighting ,kidnapping ,stealing things ,teaching bad culture to small ones ,teasing the girls ,polluting the society ,rapping ,and disturbing the society members are some of the social effect of drug addiction.

3.4 legal effects:

Law is equal to all .we all are bounded with it .if we go against it or try to break it ,we shall be punished according to our act .drug addiction is also against the law .the abuser has to also pay fine for his wrong activities or accept imprisonment .

4. Types of common drug its derivatives and effects

Drug	Types	Effects
4.1 Stimulants	<ul style="list-style-type: none"> • Benzedrine • Dexedrine • Methadrine • Cocaine 	<ul style="list-style-type: none"> • Increase confidence • Longer stay ,work and walk • Decreasing anxiety • Stimulant sexual drive
4.2. Narcotics	<ul style="list-style-type: none"> • Morphine • Heroin • Methadone • Codeine • Pentazocine 	<ul style="list-style-type: none"> • Remove physical pain • Feel relaxes • Free from tension • Free from anxiety • Better sleep • Concentration
4.3. Psychedelics	<ul style="list-style-type: none"> • Cannabis • Marijuana • Hashish • Mescaline 	<ul style="list-style-type: none"> • Mood change • Thoughts change • Behavior change • Relaxes • Unreal scene
4.4. sedatives	<ul style="list-style-type: none"> • Benzodiazepines • Diazepam • Chloral hydrate 	<ul style="list-style-type: none"> • Relaxation • Pain reduce • Social interaction

	<ul style="list-style-type: none"> • Nembutal • Secanol 	
4.5. Inhalants	<ul style="list-style-type: none"> • Aliphatic • Aromatic • Gasoline • Glue • Paint thinner 	<ul style="list-style-type: none"> • Relaxes • Gain energy • Concentrate
4.6. Nicotine	<ul style="list-style-type: none"> • Cigarettes • Tobacco products 	<ul style="list-style-type: none"> • Relaxes • Concentrate • Energy gain • Long walk
4.7. Alcohol	<ul style="list-style-type: none"> • Wine • Brandy • Whiskey • Rum • Beer 	<ul style="list-style-type: none"> • Energy gain • Social interaction • Relaxes • Longer work
4.8. Caffeine	<ul style="list-style-type: none"> • Coffee • Tea • Analgesics • Colder medicine 	<ul style="list-style-type: none"> • Sleep • Relaxes

5. Features of drug abusers:

Effect in personality	Effect in behavior	Effect in social status
<ul style="list-style-type: none"> • Long nail • Abnormal hair • Irriting body • Spot on arm 	<ul style="list-style-type: none"> • Less appetite • Less eating • False speech • Over interaction 	<ul style="list-style-type: none"> • No work • Absent in work ,school, office • Adding new

<ul style="list-style-type: none"> • Black fingers • Seen sad • Bad smell on body • Dirty dress 	<ul style="list-style-type: none"> • More time spent in toilet • Stealing • Like sweets 	<p>friends</p> <ul style="list-style-type: none"> • Emotion • Loss of money • Carrying drug • Borrow money frequently
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6. Management/Treatment of drug addiction

- Education related to drug to the parents
- Education to children
- Guidance and counseling
- To be close to children
- Good discipline
- Make engage children in any work
- Careful about peer group
- Preventive program me
- Humanitarian process
- Fulfill the needs
- Good parenting
- Religious task
- Stick law
- Dis intoxication
- Suppressive method
- Use of anti convulsive component
- Use of tranquilizing drug
- Residential placements

7. CONCLUSIONS:

Science and technology has created so many invention for the betterment of human beings .medical science has invented medicine incredibly that has lengthened our lives .drug is made to cure our illness. Today this has been used for relax and comforts, as to abuse it .this drug is not only damaging the personal life of the abuser but the family and society are also the victim of it .it must be controlled in time.



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